

Mada Nosy Trail: A Unique Sporting Adventure in Madagascar

**Globatlas Elssa Océan Indien,** in collaboration **with Mahay Expédition**, invites you to experience an extraordinary sporting adventure in Madagascar: the **Mada Nosy Trail**.

From **September 5 to 13**, this expedition combines running and exploration, covering **90 km in 5 stages** with **1 900 m of positive elevation gain**. Each day alternates between challenging race segments and catamaran sailing, allowing you to discover breathtaking landscapes: **dreamy beaches, mangroves, tropical forests, and coconu groves**.

## **Key Stages**:

**. Baie des Russes** – 14 km, 350 mD+: stunning views of the archipelago.

. Marotony – 18 km, 250 mD+: crossing through mangroves.

. Half Marathon – 21 km, 350 mD+: immersion in local plantations.

Nosy Lava – 17 km, 150 mD+: wild and contrasting landscapes.
Final Time Trial – 2 x 8 km before enjoying the beauty of Nosy

Iranja, one of the world's most stunning beaches.

Beyond the challenge, this is a deeply **human and immersive experience**, connecting with **local communities** and Madagascar's pristine nature. It's a **unique opportunity** to push your limits while exploring a **dreamlike setting**.

Take on the challenge and embark on an unforgettable adventure!

## **Activities**

**. Running:** 5 stages ranging from 14 to 21 km through diverse landscapes.

Catamaran Sailing: Relaxation between race stages.
Local Encounters: Cultural exchanges along the route.

**Visit to Nosy Iranja:** Discover a paradise beach at the end of the adventure.

## Included:

**. 7 days on catamarans** with skippers, chefs, and TSDMADA supervision.

• Full board (Dinner Day 1 – Breakfast Day 9) + Halfboard at the hotel (Day 1 & Day 8).

**Airport transfers** (Day 1 & Day 9), race registration, and snacks.

## Not Included:

. International flights, insurance, visa (€10 per person).

Drinks (except water) and personal expenses.



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